



LEADING WOMEN TO LOVE & LEAN ON GOD

## 7 QUESTIONS TO ASK BEFORE ADDING ANYTHING TO YOUR SCHEDULE

1. Will this benefit me or my family in a positive way?
2. Do I have a passion for this commitment?
3. Am I saying “yes” out of guilt?
4. Is my schedule already full and if so, what will I omit from my schedule to take on a new responsibility?” (No, you cannot omit the kids.)
5. Is this an absolutely necessary obligation at this season of my life?
6. What does your husband and children think of this commitment?
7. Will this decision make me more available to be used by God? Or Less?